



**SPRING EDITION**

[www.fnqhf.org.au](http://www.fnqhf.org.au) | T 4226 6553

## In this issue:

September 2011

-  [From the GM's Desk](#)
-  [FNQ Hospital Foundation News](#)
-  [Fundraising Events](#)
-  [Future Events](#)
-  [Our Fundraising Goals this Year](#)
-  [Sea Breeze Cafe](#)
-  [Volunteers Page](#)



*Photo courtesy of Daniel Blake*

## ***Do you use Facebook?***

Stay up to date with our news and events,  
"Like" the Far North Queensland Hospital Foundation's Page

JOIN US ON  
**facebook**  
CLICK HERE

## **From the GM's Desk**

### **The Year in Review 2010/11**

Despite the trying economic conditions in Cairns along with numerous worldwide natural disasters, the 2010/11 year was a successful year for the Far North Queensland Hospital Foundation. During the year the Foundation made \$525,000 in donations towards the improvement in the quality of health care provision in Far North Queensland which brings total contribution over the past two years to over \$1.67 million.

Significant contributions made by the Foundation during the course of 2010/11 were funding towards equipment required for the Emergency Department redevelopment and the purchase of an additional Giraffe Omnibed for the Special Care Baby Unit to assist with the treatment of sick and/or premature babies. The Foundation also provided funding to supply a renal dialysis machine and 4 dialysis chairs to the Cooktown dialysis satellite in order to provide an expanded service to those patients dialysing away from their homes in Cooktown.

### **The major equipment purchases in 2010/11 were as follows:**

- Jointly funded with COUCH to purchase 2 Navigator GPS lymphatic mapping probes for the Operating Theatres = \$45,496
- Purchased an Oxylog 3000 Plus ventilator for the Emergency Department = \$32,956
- Purchased additional patient monitoring equipment for the redeveloped Emergency Department = \$29,220
- Purchased a Giraffe Omnibed for the Special Care Baby Unit = \$58,391
- Purchased 2 BiliSoft LED phototherapy systems for the Special Care Baby Unit = \$15,063
- Purchased a Hemochron Signature Plus micro-coagulation timer for the Cardiology Unit = \$9,350



*Paediatric Procedure Room in the Cairns Base Emergency Ward*

- Purchased a portable Rhino-laryngoscope for the Oncology Unit = \$12,650
- Purchased a Nimbus 3 alternating pressure relieving mattress for the Principal Item Equipment Service (PIES) = \$11,813
- Purchased a BladderScan portable bladder volume measurement ultrasound for Medical 4 Oncology Ward = \$15,950
- Purchased a dialysis machine and 4 dialysis treatment chairs for the Cooktown Dialysis Satellite Unit = \$40,598

In addition some \$480,000 has been raised to date and set aside for a new kids playground on the roof deck beside the Paediatric Unit of Cairns Base Hospital. The playground will provide many innovative, therapeutic and educational programs and recreational equipment which will be of enormous benefit to children in short and long term stay in the Paediatric Ward. Stage 1 of this major project is expected to cost \$600,000 with the whole project totalling around \$1.2 million. The Foundation is also gearing up to install a patient television system at every bed and waiting room in the new Block D development and to develop another retail outlet in this building and has set aside funds for these major project commitments over the next few years.

The Foundation's commercial business operations produced another record result in 2010/11 with a fantastic result from the Sea Breeze Cafe overcoming reduced income from the new car park. The gross profit contribution from commercial business units for the year was \$1,358,166 an increase of 6% on the previous year and importantly leaving a healthy surplus after covering all administrative and operating expenses of the Foundation. This means that supporters of the Foundation can be sure that 100% of all donations and fundraising income is spent locally and directly on improving health care provision as intended.

The year also marked another milestone in the redevelopment of the Cairns Base Hospital with some big associated changes for the Far North Queensland Hospital Foundation. November 2010 saw the opening of the Foundation's new office and new bigger car park in the Block E development across Lake St from the main hospital campus. This move allowed the old car park and Foundation office to be demolished and handed over as the site of the major new Block D development which is now underway and will provide a very substantial and much needed boost to bed numbers and services when it opens in 2013.

I would like to take this opportunity to thank our Board, staff, volunteers and all of our donors and supporters for their contributions during the course of 2010/11.

Tony Franz  
General Manager

## FNQ Hospital Foundation News

The Foundation recently purchased a new database to assist in donor and event management and we are already reaping the benefits through improved performance in event management, online registration and online donations. The database was funded from a successful grant application to the Queensland Government's Gambling Community Benefit Fund; we are very grateful for their support. This will allow us to maximise our fundraising efforts and perform at our best and has so far proven to be very effective.



## USS Blue Ridge Navy tour of Cairns Base Hospital

USS Blue Ridge toured the Cairns Base Hospital Foundation and several of our local marines were escorted by the Far North Queensland Hospital Foundation staff members and volunteers on Friday the 29th July. They were all very interactive with the patients in the Renal and Oncology Wards and expressed how rewarding the experience was for them. They also toured the Liz Plummer Cancer Care Centre, Emergency, Paediatric, Imaging and the Orthopaedic Ward.

(Pictured to right are G.M. Tony Franz and Fundraising and Marketing Manager Glenys Duncombe with some of the USS Blue Ridge receiving autographed photographs).



## Grant from Commonwealth Bank of Australia Community Flood Assistance Grants Program was Good News For Cyclone Affected Tully Hospital

As a result of Cyclone Yasi, the staff accommodation at the Tully Hospital was completely destroyed and the Tully Hospital suffered significant damage also. Thanks to the CBA funding the Tully Hospital is on the way to having a new outdoor gazebo with a picnic table, chairs and BBQ for staff and patients to enjoy lunch and BBQs.

The Foundation wasted no time in applying for the grant as the Tully Hospital's staff and patients from the community needed their morale raised and what better way for a Queenslander to achieve this than by the enjoyment of their outdoor environment through important social contact with lunches and BBQs.

And thank you Commonwealth Bank of Australia for this wonderful initiative.



### Fundraising Events

#### Give Me Five For Kids

Sea FM once again hosted their awesome month long campaign throughout June to raise funds for Give Me Five For Kids for the purchase of equipment to benefit Children's Health Services within the Cairns and Hinterland Health Service District.

Thanks to volunteers from both the Hospital Foundation and Queensland Health for assisting with the events hosted by Sea FM and businesses such as McDonalds, The Good Guys, Cazalys, Brother's Leagues Club, Pakmag, and Day in the Park Teddy Bear's Picnic. There were many more events throughout June that were supported by local businesses that provided fabulous prizes to assist the on air auctions, raffles and other fundraising activities. We have a very supportive community and recent events and hard economic times have not prevented our wonderful local businesses and individuals from doing their very best to support our cause. Thank you to all those involved in making this event successful; we raised \$32,000 and look forward to seeing the new Giraffe Omnibed for the Special Care Baby Unit in use in the near future.

**The Wheelbarrow Race** had some great supporters of the foundation in action on our behalf and we received \$4,351 from Gordon Scoville and his team "Rebels with a Cause" and \$3,500 from CRT. This was a great result in times where everyone was running fundraising events for global, national, state and local disasters.

#### The 10th Annual Wayne Leonard's Motorcycle Muster

This year Wayne and Ronda and the muster participants blazed the trail across the Atherton Tablelands to visit Port Douglas and stay at the Treetops Resort. The Motorcycle Muster had the usual array of meticulously cared for motorbikes, some of them sporting an array of unique accessories.

The fundraising work of the Motorcylce Muster riders, supporters and the FNQHF volunteers during the 5 month period the art union tickets were sold is commendable. Special thanks to Ivor Playor and the Freemasons of Gregory Lodge with ticket sales and a generous donation as part of the Wayne Leonard's Motorcycle Muster art union.

This year we reached \$55,000 which will be directed towards our latest goal to purchase BrainLab Computer Navigation Equipment. [Click here to learn more about BrainLab.](#)



Sea FM announcer Pacey at the live launch at the Sea Breeze Cafe 1st June



Baz from SeaFm at the live launch at the Sea Breeze Cafe 1st June



Baz clowning around with the kids at the Day in the Park at Fogarty Park Saturday 25th June

## Amateurs Ladies Fashion High Tea

Once again the Hospital Foundation was invited to the Amateurs Ladies Fashion & High Tea on Thursday 1st September to conduct a fundraising raffle and to view the fabulous fascinators and latest fashions in the marquee at Cannon Park. The Bolands Centre generously donated a luxurious first prize for 7 days for 2 people to the exclusive Camp Eden on the Gold Coast Hinterland. Everyone looked absolutely stunning and we raised over \$2,400 from the raffle which is being directed to the Orthopaedic Ward for the BrainLab Navigation Equipment. Special thanks to Amateur's CEO Graham Thornton and Louise Orbon of Lu Lu's Models for their support for the Foundation and Councillor Linda Cooper and ABC Announcer Kier Shorey for their role as Master of Ceremonies. Thank you to the generosity of our local community and the support of many sponsors who make this a very enjoyable day for all.



Jaydee Paino and Emma Verri

Pictured are Jaydee Paino and Emma Verri, our local glamorous nurses who work at the Cairns Base Hospital also.

## Other events

The Mt Sheridan Baby Competition was a very successful event held in April raising over \$2,282 which was directed towards a breast pump for the Special Care Baby Unit.

Our local artist Dayle Jordan has kindly donated some of her beautiful artworks to the Foundation and Frame Oz Images have assisted in a joint venture with Dayle and framed the work superbly. One piece titled "Heliconia Dreaming" will be part of the attractions at the Melbourne Cup event at the Pullman Reef Casino on the 1st November. There has been some interest from artists recently to donate pieces to the Foundation for our fundraising purposes.

If you are an artist and interested in assisting our charity please contact the Fundraising Coordinator: Paula Campion Phone: 4226 6723 or Email: [fundraising1@fnqhf.org.au](mailto:fundraising1@fnqhf.org.au)



10th Annual Wayne Leonards Motorcycle Muster

## Future Events

### Yellow Pages™ Cardiac Challenge

Since its inception in 2007, the Yellow Pages™ Cardiac Challenge has raised more than \$700,000 to buy new cardiac equipment for Cairns Base Hospital. This includes a \$204,000 cardiovascular ultrasound system which Dr Sutcliffe said is used every day and scans about 600 patients a year; and a \$79,000 intra-aortic balloon pump that saves five lives a year. This year's Cardiac Challenge from September 24-26 aims to raise \$350,000.

The dedication of returning participants contributes to the huge success of the Yellow Pages™ Cardiac Challenge and one who shines out is Dr Steve Sutcliffe, the Cairns Base Hospital Cardiologist, who uses the equipment the charity ride pays for every day.

Dr Sutcliffe rode his first Cairns to Cooktown Challenge in 2009 and he intends to keep riding the Challenge every year until he can't. His first year was tough going and by the end of the ride he was wearing all his padded bike shorts. "It was really, really hard but I'm glad I did it." This year Dr Sutcliffe will ride with 10 doctors while his wife Angie, a nurse in the unit,



does first aid for cyclists.

Registrations have closed for this year's ride but if you are interested in more information and considering joining in next year then visit <https://www.cardiacchallenge.com.au> or visit the Cardiac Challenge Facebook Page. [Click here](#).

To donate to Cardiac Challenge and sponsor a specific rider, simply [click here](#) and then press the icon "sponsor a rider".

Glenys Duncombe  
Fundraising and Marketing Manager



JOIN US ON  
**facebook**  
CLICK HERE

### Coffee for Charity

Imagine it's early in the morning and you are preparing for another day on your bike on the Cardiac Challenge. The sun has just come up and you are considering the day ahead. Magically there is the smell of a decent cup of coffee to start the day... now that's civilized! Graham Tap of Coffee Plus has generously become a sponsor for this year's ride and has arranged for a coffee van to follow the ride.



Coffee Plus are a locally owned and operated Coffee and Coffee Equipment specialist, servicing the Far North Queensland market since 1997 with a range of premium quality local and imported freshly roasted coffees and a range of coffee equipment to cater for most applications sourced from leading manufacturers. Their in house technicians ensure servicing of equipment is conducted in a professional and timely manner. With this expertise they are called upon to service equipment not only supplied by them but also for national companies who require efficient servicing across numerous brands. Their diverse customer base ranges from home users to office, health, tourism, foodservice, education, cafe, resort and motels.

For inquiries contact Graham: P 07 4051 8966 E: [graham@coffeeplusqld.com.au](mailto:graham@coffeeplusqld.com.au)

Specialising In Coffee Vending Systems, Espresso Machines And Premium Products

### Our Fundraising Goals this Year

Our latest goal for fundraising is **BrainLab Navigation Equipment** for the Orthopaedic Department at Cairns Base Hospital. What is a BrainLab you might be thinking? It is state-of-the-art computer navigated equipment that allows orthopaedic surgeons to obtain anatomical alignment of post reconstructions for surgical procedures in the spine.



This type of computer-navigated software is at the cutting edge of technology and obtaining this equipment would also allow surgeons to undertake some fairly unique and up to date research.

When we reach our target and purchase a BrainLab one of the positives for us is that the Cairns Base Hospital would be the first hospital in Queensland with this set up and it would certainly put us out there in regards to being a leader in this field and to undertake some fairly unique and up to date research which could really contribute positively to the outcomes of both trauma and spinal practice within Australia and even the world. The Cairns Base Hospital would become only the second hospital in Australia to be able to perform this kind of surgery and with your help we will be able to help Dr Chris Morrey and his team become leaders in their field of orthopaedic surgery.

Many of our events this year have been aimed at fundraising for the BrainLab equipment which is \$250,000. If you would like to support this project, you can donate directly online. [Click here to donate](#).

## Sea Breeze Cafe

The Sea Breeze Cafe provides quality food and retail services to the patients, staff and visitors to the hospital in a magical location overlooking the Cairns esplanade. It has indoor and outdoor dining for up to 60 people and has a view to rival any in Cairns. With excellent coffee and freshly made sandwiches, panini, sushi and cakes as well as a great range of hot meals and healthy snacks, the Sea Breeze Cafe is a great place for people to relax whilst visiting or working at Cairns Base Hospital. A wireless internet kiosk is now available to all customers.



Hours are: Monday to Friday 7.00 am to 5.30 pm and Saturday to Sunday 8.30 am to 4.00 pm

Steve McGuiness  
Manager - Commercial Operations

## Volunteers Page

Volunteering provides a wonderful opportunity to meet people who can make a difference to an organization. Many friendships are made and the experiences shared can be very special. Volunteers are highly valued at the Hospital Foundation whose work is dependent on the humanitarian efforts of a dedicated team of over 100 active volunteers. Whatever time and skills you can offer will be greatly appreciated.

The following story is a great example of the positive effects volunteering can have on both the volunteers and those who work with volunteers...

Dear Anne,

*I don't really know if you remember me, I was actually hoping to write so much sooner but I got carried away with everything between from when I finished my Christmas holidays, the university semester and now the water planet internship. I just wanted to drop a line and say hi and check how you all are. I miss volunteering for the Hospital Foundation, and I hope that when I come home over the Christmas holidays that I'll be able to volunteer for the Christmas wrap appeal and in the children's ward again or if not both at least one. The good news is I passed all my classes last semester, and I actually drew upon experiences I had in the Paediatric ward to help me with my assignments and exams concerning Paediatric behaviour during hospitalisation.*

*Thank you so much for the opportunity. Right now I am in Panama City, Florida, working on the internship I was telling you about earlier this year. The therapeutic programs haven't started yet but they will in a week and that's what I'm really excited for. Otherwise we've been out on the boats almost every day swimming with the dolphins which are literally some of the most beautiful wild animals I've ever seen. The experience is amazing, and although I wish I could be home, I think by the end of this it will have all been worth it.*

*If there is anything I can do for you or the Hospital Foundation while I am away, just let me know. I miss working for your charity by far the most.*

*Keep safe, and hopefully hear from you soon.*

*Sincerely,  
Tash*

## Christmas Wrapping Service

Our Christmas wrapping service for a gold coin donation is scheduled to commence again for the entire month of December leading up to Christmas eve. Cairns Central Shopping Centre very kindly provide us with their generous support to make our fundraising as effective as possible. We have our Christmas Hut set up between the Sushi Train and Tosca's on the top floor (across from the food court) and generally have 2 or more volunteers in the hut, and another 1 or 2 at the raffle table. Michael Aw of The Good Guys also kindly provides the Foundation an area to wrap their Christmas gifts in December.

All Christmas wrap volunteers receive a wonderful breakfast at Toscas Restaurant prior to the event. All paper and equipment is provided, and our volunteers are also supported with free coffee and drinks and 50% discount on food from Healthy Habits. Your Cairns Central car park fees will be validated and waived for the duration of your volunteer shift.

For more details please contact:

Anne Chirio  
T: 4226 8993  
Email: [volunteer@fnqhf.org.au](mailto:volunteer@fnqhf.org.au)



The Far North Queensland Hospital Foundation is seeking volunteers for a variety of permanent and casual roles in the hospital, Sea Breeze Cafe and at our fundraising events. Help make a difference to our community's health services.

### For further details

#### contact:

Anne Chirio  
Volunteer Manager  
T: 4226 8993  
E: [volunteer@fnqhf.org.au](mailto:volunteer@fnqhf.org.au)

[Back to top](#)



putting the pieces together  
for a **healthier north**



**Where to find us:**  
Ground Floor  
Block E  
Cairns Base Hospital Car Park  
Cnr Grove & Digger Streets  
Cairns QLD 4870

**How to contact us:**  
T: 07 4226 6553  
F: 07 4226 6663  
  
E: [glenys.duncombe@fnqhf.org.au](mailto:glenys.duncombe@fnqhf.org.au)  
[paula.campion@fnqhf.org.au](mailto:paula.campion@fnqhf.org.au)  
  
W: [www.fnqhf.org.au](http://www.fnqhf.org.au)

**Where to mail us:**  
PO Box 957  
Cairns QLD 4870

[Remove yourself](#) | [Join the list](#) | [Previous issues](#) | [Manage your subscription](#)

## Far North Queensland Hospital Foundation

Ground Floor, Block E, Cairns Base Hospital Car Park, Cnr Grove & Digger Streets, Cairns QLD 4870  
T 07 4226 6553 | F 07 4226 6663 | E [fundraising@fnqhf.org.au](mailto:fundraising@fnqhf.org.au) | W [www.fnqhf.org.au](http://www.fnqhf.org.au)

Should you no longer wish to receive these emails, please unsubscribe [here](#). Can't see the images? Outlook users - please click to download pictures and select, "Add to Safe Senders List." For other email readers, safe senders instructions [here](#). If you feel this message was delivered without your consent, please notify us at [fundraising@fnqhf.com.au](mailto:fundraising@fnqhf.com.au)